



## **Meapa Gymnastics**

### **Anti Bullying Policy**

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Our anti-bullying policy sets out how we feel about bullying as a club, what we'll do to tackle it and how we'll support children and young people who experience or display bullying behaviour whilst in our care. We acknowledge we have duty of care and responsibility to safeguard all children and young members from bullying. As a British Gymnast register club, we are aligned with British Gymnastics [Policies and Procedures](#).

#### **Bullying**

- All forms of bullying will be acted upon
- Bullying behaviour of any kind is not tolerated or condoned
- Everybody in our club has a responsibility to stop bullying
- Bullying behaviour can include:
  - physically pushing, kicking, hitting, pinching etc.
  - name calling, spreading rumours, persistent teasing and humiliation or the continual ignoring of others
  - Cyber
  - racial, homophobic, transphobic, or sexist comments, taunts, or gestures
  - sexual comments, suggestions, or behaviour and unwanted physical contact

#### **Our club will**

- Require all members of the club/organisation to adhere to this policy
- Take action to investigate and respond to any reports of bullying from children and young people
- Encourage all individuals to speak out about bullying behaviour
- Respect every child's need for, and right to, a play environment where safety, security, praise, recognition, and opportunity for taking responsibility are available
- Recognise that everyone is important and equal, and that our differences make each of us unique and worthy of being valued
- Ensure safety by having rules and practices carefully explained and displayed for all to see
- Report any incidents of bullying behaviour they see
- Create an "open door" policy where children feel confident to talk to an adult about bullying behaviour or any other issue that affects them
- Anyone who reports an incident of bullying will be listened to carefully and reports will be taken seriously, any reported experience of bullying behaviour will be investigated and will involve listening carefully to all those involved
- Children experiencing bullying behaviour will be supported and helped to uphold their right to train in a safe positive environment
- Any experience of bullying behaviour will be discussed with the child's parents or guardians, and any further actions will be decided together

#### **Managing consistent bullying**

When the above standards are not met standards and bullying continues a verbal warning will be given and the bully's parents will be informed. If the behaviour continues, a written warning will be issued to the bully and the



parents and disciplinary action will be taken, if necessary. If the written warning has no effect, the gymnast will be suspended or expelled from the club at the discretion of the Director of Coaching.

**For more information**

NSPCC Helpline - 0808 800 5000

Childline - 0800 1111 / [www.childline.org.uk](http://www.childline.org.uk)

Kidscape - [www.kidscape.org.uk](http://www.kidscape.org.uk)

Anti-Bullying Alliance - [www.antibullyingalliance.org](http://www.antibullyingalliance.org)

This policy will be reviewed if there are any changes to government guidance or our local safeguarding guidance changes.

This policy has been adopted by the management of Meapa Gymnastics and Executive Committee.

Charity Number: 286732