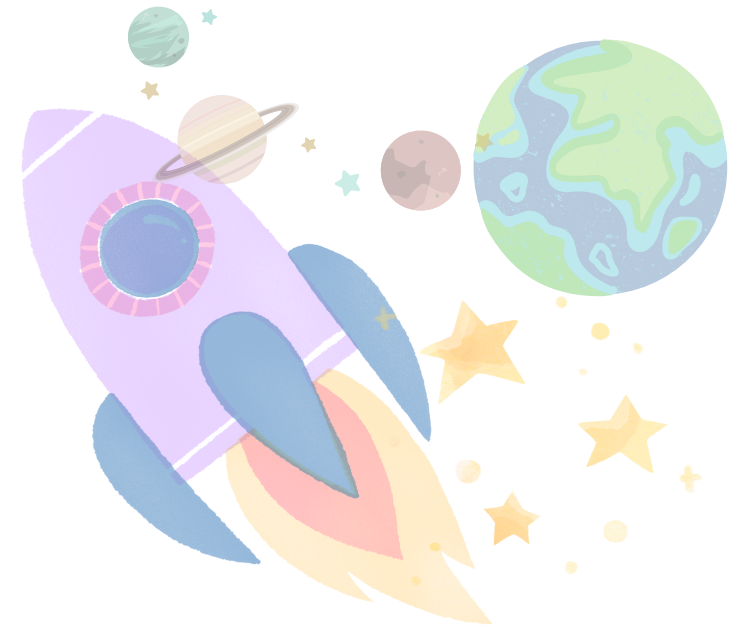


COSMIC COMETS AND SPACE JAMS

18 MONTHS - 3 YEARS OLD



Superhero Award

**Floor: 1. Superman Holds (arch)
2. Log/ Forward roll down Slope**

**Rebound: 1. Jump from Low platform into pit
2. step from big ball to big ball in P-bars**

Balance: crawl through hoops attached to P-bars

**Bars: 1. Swing on rings
2. swing on rope seat**

Jungle Award

Floor: 1. Climb the trees (wall bars)
2. Pull out the swamp up the bench

Rebound: 1. Jump from stepping stone to stepping stone
2. Frog jumps (squat jumps)

Balance: 1. Walk Across the crocodile bridge
2. Crab walking between panel mats

Bars: 1. Swing like a monkey (upstart trainer)
2. Hanging like a monkey

Farm Award



Floor: 1. Frog jumps through hoops
2. Duck walking

Rebound: 1. Running through hoops
2. Bunny hop on box with help

Co-ordination: 1. Throw bean bags through a hoop (feed the fish)
2. Cross the pond (walk along low beam)
3. Snake slide (Slide down slope on belly)



Transport Award

Floor: 1. Reversing (walking backwards)

2. Rocking Boat (rocking with help)

Rebound: 1. Jump of a low block like a rocket

2. Jump from Panel mat to panel mat

Balance: Walk across the bench with aeroplane arms

Bars: 1. Loading the tractor (hold bean bags to drop in hoop)

2. Jump out the truck (stand on floor bar and jump off)

A graphic for a 'Circus Award' featuring a red and white striped circus tent with a yellow starburst in the center. A yellow flag on a pole is at the top. A string of colorful triangular bunting (yellow, red, blue) hangs across the top. The text 'Circus Award' is written in large, bold, black letters across the top of the tent. Below the title is a list of eight activities.

Circus Award

- 1. Swing like an acrobat on the trapeze**
- 2. Throw a bean bag in the target like a juggler**
- 3. Balance on 1 leg like an acrobat**
- 4. Tight rope on the elastic attached to P-bars**
- 5. Hula hoop like a hoopla**
- 6. Crawl in and out the hoops attached to beam**
- 7. Straight jumps on trampoline**
- 8. walking along the beam shaking a ribbon/ Scarf**

A colorful graphic for a 'Seaside Award'. It features a yellow sun in the top left, blue waves in the middle, a pink and white beach umbrella and a pink lounge chair on a yellow sandy beach in the foreground, and a small green island with two palm trees on the right. The title 'Seaside Award' is written in large, bold, black letters across the top.

Seaside Award

- 1. Join in with Row Row the boat For warm up**
- 2. Jellyfish on Fast Track to jump over**
- 3. Jump over fish placed on floor**
- 4. Jump over ribbons whilst coach shaking them like waves**
- 5. Ribbons attached to Hula hoops to crawl through on beam**
- 6. Ice Cream cones with ball balancing on top to balance along beam**
- 7. On low beam travel sea urchin from one bucket to another**
- 8. Bubbles for cool down lay out big parachute**



Outerspace Award

- 1. Lay or stand in a star shape**
- 2. squat jumps through hoops**
- 3. run as fast as you can like a shooting star**
- 4. jump from hoop to hoop like planets**
- 5. Walk Along the Beam holding hula hoop around waist**
- 6. Balance along hedgehog stepping stones**
- 7. join in using hooped ribbons during warm up**